



Toronto Judo Kai Class Schedule

416-829-7538

www.torontojudokai.com



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
10:00 - 11:00 AM Women's only Judo					10:30 - 11:30 AM Children's Beginner Judo (age 4-9)	11:00 - 3:00 AM Seminars/Testing/Judo Exchanges
					11:30 - 12:30 AM Intermediate Judo (age 10-14)	
					11:30 - 12:30 AM Adult Judo	
	5:45 - 6:30 PM Beginners Judo 4 - 6.5 years - white, yellow & orange belts		5:45 - 6:30 PM Beginners Judo 4 - 6.5 years white, yellow & orange belts	5:45 - 6:30 PM Beginners Judo 4 - 6.5 years - white, yellow and orange belts		
7:30 - 9:00 PM Intermediate Judo 7 - 13 years + Beginner Adults	6:30 - 7:30 PM Intermediate Judo 7 - 13 years + Beginner Adults		6:30 - 7:30 PM Intermediate Judo 7 - 13 years + Beginner Adults	6:30 - 7:30 PM Intermediate Judo 7 - 13 years + Beginner Adults		5:00 - 7:30 PM Jujitsu/MMA/Weapons - Private Class
	7:30 - 9:00 PM Judo - Adults and Advanced Competitors		7:30 - 9:00 PM Judo - Adults and Advanced Competitors			

March 1, 2018